

# SCHOOL MILK PROGRAMS

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# CAFETERIA ESSENTIALS

2019 - 2020 School Year



## DLM DISTRIBUTORS

Built on integrity and customer service.  
Your primary dairy and nutrition provider for 25+ years.

**NEW!**

# iöGO Smoothie

## Nutrition Facts

Serving 200ml (210g)

	Quantity	% Daily value
<b>Calorie</b>	<b>110</b>	
<b>Fat</b>	<b>0 g</b>	
<b>Sodium</b>	<b>45 mg</b>	<b>2%</b>
<b>Carbohydrate</b>	<b>20 g</b>	<b>7%</b>
Sugars	18 g	
<b>Proteins</b>	<b>5 g</b>	
<hr/>		
<b>Vitamin A</b>	<b>0%</b>	
<b>Vitamin C</b>	<b>6%</b>	
<b>Calcium</b>	<b>15%</b>	
<b>Iron</b>	<b>0%</b>	
<b>Vitamin D</b>	<b>0%</b>	



**More than a fruit smoothie.  
Better than a drinkable yogurt.**

**NEW!**

Made in Alberta!

# SPOKES

air-puffed potato snack

- Just Potatoes - #1 Snack Category
- GREAT Nutrition
- Lowest Calorie Snack
- Best of all ... they TASTE GREAT.
- Alberta Made!

Available Flavours	Pack Size
Sea Salt & Vinegar	16 / 24g
Sea Salt	16 / 24g
Mango Habanero	16 / 24g
Barbecue	16 / 24g



**NO** DAIRY | GLUTEN | SOY | EGGS  
PRESERVATIVES | ARTIFICIAL FLAVOURS AND COLOURS

NO TRANS FAT. NO CHOLESTEROL.

THE POTATO SNACKS ARE HOT-AIR PUFFED (NEVER OIL FRIED).

THEN MISTED WITH SUNFLOWER OIL AND SEASONED WITH MOUTH-WATERING FLAVOURS FOR A NATURALLY DELICIOUS CRUNCH.

hello... **40** CALORIES PER CUP

Nutrition Facts / Valeur nutritive	Per 8 cups (80 g) / pour 8 tasses (80 g)		Per 1 cup (10 g) / pour 1 tasse (10 g)	
	Amount Teneur	% DV* % VQ*	Amount Teneur	% DV* % VQ*
Calories / Calories	310		40	
Fat / Lipides	4 g	6 %	0.5 g	1 %
Saturated / saturés + Trans / trans	0.5 g	3 %	0.1 g	0 %
Cholesterol / Cholestérol	0 mg		0 mg	
Sodium / Sodium	1050 mg	44 %	130 mg	5 %
Carbohydrate / Glucides	67 g	22 %	8 g	3 %
Fibre / Fibres	2 g	10 %	0 g	0 %
Sugars / Sucres	0 g		0 g	
Protein / Protéines	2 g		0.3 g	
Vitamin A / Vitamine A		0 %		0 %
Vitamin C / Vitamine C		2 %		0 %
Calcium / Calcium		2 %		0 %
Iron / Fer		6 %		0 %

\* DV = Daily Value / VQ = valeur quotidienne

INGREDIENTS: POTATO FLOUR (POTATO FLAKES, POTATO GRANULES), POTATO STARCH, SUNFLOWER OIL, SEA SALT, POTASSIUM CHLORIDE.

ALWAYS REFER TO THE PRODUCT PACKAGING FOR THE MOST CURRENT INGREDIENT LISTING.



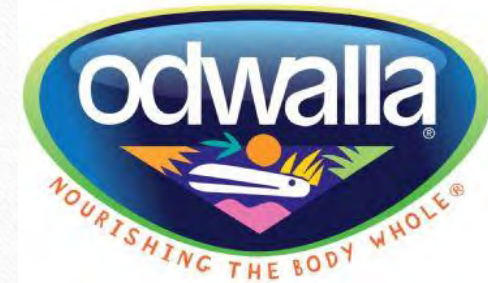
# — PÜR FILTRE —

FRESH TASTE • GOÛT FRAIS

- STAYS FRESH LONGER
- Shelf stable - no need for refrigeration
- Less deliveries required
- NO Milk Crates

**NEW!**





## No Sugar Added!

- No preservatives
- Made with Real Fruit
- Excellent Source of Vitamin C



- Orange
- Apple
- Fruit Punch



- Apple
- Orange
- Lemonade
- Raspberry Lemonade
- Peach
- Watermelon



- Lifefood
- Mango Tango
- Strawberry Banana



fairlife™

“a truly unique product”

- LACTOSE FREE
- 50% more Protein
- 50% less Sugar
- Great Taste



CODE	PRODUCT	COST	Levy	Deposit	GST
<b>Single Serve Milk Portions</b>					
20212	2% White - 237 ml	0.67	0.02	0.10	
20061	2% White - 473 ml	0.99	0.02	0.10	
46511	2% Purfilter bottles - 237 ml	0.84	0.02	0.10	
46556	2% Purfilter bottles - 473 ml	1.47	0.02	0.10	
20091	Chocolate - 237 ml	0.67	0.02	0.10	y
20095	Chocolate - 473 ml	0.99	0.02	0.10	y
46559	Chocolate Purfilter bottles - 237 ml	0.76	0.02	0.10	y
46558	Chocolate Purfilter bottles - 473 ml	1.33	0.02	0.10	y
387281	Fairlife 2% Milk - 240 ml (24 / case)	37.85	0.48	2.40	
387282	Fairlife Chocolate - 240 ml (24 / case)	37.85	0.48	2.40	
<b>Skim Milk</b>					
45	Skim Milk - 2 L	3.45	0.10	0.25	
46502	Skim PurFilter - 1.5 L	3.33	0.10	0.25	
46	Skim Milk - 1 L	2.12	0.02	0.10	
<b>1% Milk</b>					
119	1% Milk - 4 L	5.89	0.10	0.25	
115	1% Milk - 2 L	3.45	0.10	0.25	
46503	1% PurFilter - 1.5 L	3.36	0.10	0.25	
116	1% Milk - 1 L	2.12	0.02	0.10	
<b>2% Milk</b>					
24	2% Milk - 4 L	5.89	0.10	0.25	
25	2% Milk - 2 L	3.45	0.10	0.25	
46501	2% PurFilter - 1.5 L	3.42	0.10	0.25	
26	2% Milk - 1 L	2.12	0.02	0.10	
55209	Milkette Portions - 160 bag	6.22			
<b>Homogenized Milk</b>					
4	Homo Milk - 4 L	5.91	0.10	0.25	
5	Homo Milk - 2 L	3.51	0.10	0.25	
46547	Homo PurFilter - 1.5 L	3.42	0.10	0.25	
6	Homo Milk - 1 L	2.13	0.02	0.10	
<b>Coffee Cream</b>					
20316	10% Cream - 473 ml	1.79	0.02	0.10	
51114	10% Cream - 1 L	3.01	0.02	0.10	
46551	10% Cream PurFilter - 1 L	2.98	0.02	0.10	
55199	10% Creamer Portions - 160 bag	6.28			
55158	18% Cream - 1 L	3.99	0.02	0.10	
55200	18% Creamer Portions - 160 bag	7.29			
9000	International Delight - Vanilla	2.75	0.02	0.10	
9001	International Delight - Irish Cream	2.75	0.02	0.10	
9002	International Delight - Hazelnut	2.75	0.02	0.10	
68274	Nestle Pure Life Water - 500ml (35 / case)	8.79	0.35	3.50	

CODE	PRODUCT	COST	Levy	Deposit	GST
<b>Minute Maid Juice Boxes - 200ml</b>					
377077	Orange Juice (32 / case)	10.75	0.32	3.20	
377078	Apple Juice (32 / case)	10.75	0.32	3.20	
172482	Fruit Punch (40 / case)	14.59	0.40	4.00	
<b>Simply Juice - 340ml (12 / case)</b>					
281581	Orange Pulp Free	18.65	0.24	1.20	
281579	Apple	18.65	0.24	1.20	
281580	Lemonade	18.65	0.24	1.20	y
308277	Raspberry Lemonade	18.65	0.24	1.20	y
376979	Peach	18.65	0.24	1.20	y
376979	Watermelon	18.65	0.24	1.20	y
<b>Odwalla Smoothies - 450ml (8 / case)</b>					
334377	Lifefood	20.18	0.16	0.80	
334378	Mango Tango	20.18	0.16	0.80	
334379	Strawberry Banana	20.18	0.16	0.80	
<b>IOGO Smoothies - 200ml (12 / pack)</b>					
9107	IOGO - Kiwi Pineapple blend	0.94	0.02	0.10	y
9108	IOGO - Mango	0.94	0.02	0.10	y
9109	IOGO - Strawberry Raspberry	0.94	0.02	0.10	y
<b>Spokes - 24g (16 / pack)</b>					
9200	Spokes - Sea Salt & Vinegar	0.85			y
9201	Spokes - Sea Salt	0.85			y
9202	Spokes - Mango Habanero	0.85			y
9203	Spokes - Barbecue	0.85			y
<b>Black Diamond Cheese Portions</b>					
85622	Marble - 21g (100 / case)	42.95			
85625	Medium - 21g (100 / case)	42.95			
<b>Yogurt</b>					
31588	Yogurt Multi-Pack (12 / case)	5.35			
34671	Smooth n'fruity - 650g	2.89			